

*"I felt overwhelmed with my own chronic conditions and being the mother of three. The Arc of Monroe helped me get enrolled in Health Homes, and I now have reliable doctors for all of us and do not worry about paying the bills."*



# Health Homes

CARE MANAGEMENT



## For More Information

Contact Scott Patanella at  
(585) 271-0660 x 2576  
spatanella@arcmonroe.org

[www.arcmonroe.org/health-homes](http://www.arcmonroe.org/health-homes)

## To Get Started

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**The Arc**  
Monroe  
New York

## About Health Homes

In New York State, many people get their health benefits through the Medicaid Program. Often times those with chronic medical conditions are unable to find providers and services. A 'Health Home' is not a physical place; it is a group of health care and service providers working together to make sure you get the care and services you need. Once you are enrolled in a Health Home, you will have a care manager that works with you to map out the services you need.

## How does Health Homes and The Arc of Monroe help?

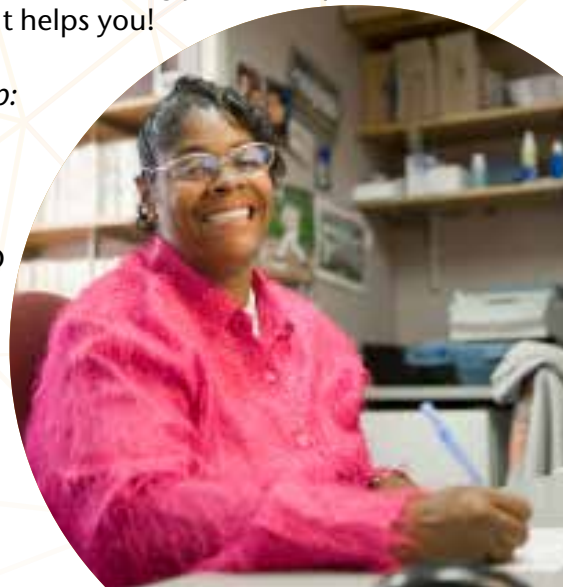
- » Connecting you to health care providers
- » Connecting you to mental health and substance abuse providers
- » Connecting you with your providers for needed medications
- » Help you with housing
- » Connecting you to community programs (such as food, benefits, and transportation) or other programs that can support and assist you

## What does that mean for you?

It can mean fewer trips to the emergency room or less time spent in the hospitals. Getting regular care and services you need from doctors and providers. Finding you a safe place to live. Finding you a way to get to medical appointments. It helps you!

*These are some scenarios of how Health Homes can help:*

- » I have diabetes & hypertension, and I need help with getting a doctor that understands my needs.
- » My son has autism and depression. He is not OPWDD eligible, and we need help.
- » I am struggling to find food and housing and need some help filling out paperwork to get food on the table.



## Overview

- » It is free to the person
- » It is not a house or a shelter
- » It is an organization that provides a care manager to people with chronic conditions
- » It links people to community and care supports, as well as coordinates medical and behavioral health care.

## Who is eligible?

- » Adults receiving the majority of their care in Monroe County
- » Medicaid recipients (includes managed care and dual eligible - Medicaid and Medicare)
  - Those with two or more chronic health conditions (i.e. asthma, diabetes, heart disease, mental health condition, substance use disorder, etc.) OR
  - Those with significant mental illness or serious emotional disturbance OR
  - Those living with HIV/AIDS